



# 41 Club

THE MAGAZINE

Issue 199 • Summer 2022

The Association of Ex-Round Tablers' Clubs  
of Great Britain and Ireland



## Meet 41 Club Legend Frank Venables

see page 7





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Fri 9 Sep	Reykjavik, Iceland
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Sun 11 Sep	Akureyri, Iceland
Sun 11 Sep	Crossing the Icelandic Arctic Circle, Iceland
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# Welcome

EDITION 199  
SUMMER 2022

**Welcome to the Summer Magazine. As I write this, Paul McCartney has just played a 3 hour set as the principal star of this year's Glastonbury - not bad for an 80 year old.**

Not to be out done, Elton John, aged 75, is presently touring and about to play several nights at Hyde Park, at 75 years of age. He will be closely followed by Mick Jagger, as the Rolling Stones play yet another tour, including several nights at Hyde Park, at the ripe old age of 78.

No wonder that there's at least one 41 National Councillor in the audience at Glastonbury this year. I have said that just as Round Table has "Do More" as its motto, in 41 Club we should have "Continuing to Do More" and whilst none of these celebrated musicians are in 41 Club they are merely the tip of the ice berg as our members continue to do more on a daily basis.

Even those members not in the best of health keep, in the words of Winston Churchill, "buggering on" and long might it continue. Enjoy the Summer and keep up the good work.

Finally, having attended a "Celebration of Life" of a 21 year old recently, I am including an updated article on the Zero suicide Alliance on page 29 - if you missed it first time around, I urge you to read it. It could save a life.

Yours in Continued Friendship and Continued Tabling,

**Don Mullane, London Old Tablers' Society  
National Comms & I.T. Officer**



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**The Association of Ex-Round Tablers' Clubs  
of Great Britain and Ireland  
A member of the Round Table Family of Clubs  
[www.41club.org](http://www.41club.org)**

ADMINISTRATION  
41 Club, Marchesi House  
4 Embassy Drive  
Edgbaston Birmingham B15 1TP  
Tel: 0121 456 4402  
email: [admin@41club.org](mailto:admin@41club.org)

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A message from...

# The President

Jim Conway - National President



Since the last magazine, I have been out and about and have reported my visits by way of the Newsletter.



With a couple of Board Meetings under the belt as well as that first Council Meeting, I am pleased to report that Committee Meetings are being held and the positivity coming out of them indicates that the future is looking bright.



Side by side reached a new high when the four Round Table President's were presented to Her Royal Highness The Princess Royal. She was impressed by our impending attempt to set the Guinness World Record for making the most cups of tea by a 12 person team in an hour for Heather Parry's Tangent National President's Charity, Re-Engage.



My thanks go to John Kilshaw, who did the alternative Windemere swim for my National Charity Round Table Children's Wish, Mark Grey, who walked the Peddars Way and Des Fulcher who ran a stand at the Diss Carnival with Leigh Collins from the charity.





Heather put an enormous amount of work into making the event happen at the Grand Yorkshire Showground and rather frustratingly, the two adjudicators differed in their final calculations.



One counted 1860, which would have beaten the previous record of 1848, but the other counted 1776 and we had to go with the lower of the two scores. It was a heart breaking way to end the day, but on a positive note, we did set the British Record, so all was not in vain.



The next challenge is 11th to 13th October in Scotland, where we will set the World Record for visiting all Scottish Football Club stadiums in the quickest possible time. Starting in Ross County and ending in Annan Athletic, we will once again have the four President's trailing a blaze across Scotland. If anybody lives near to Ross County or Annan Athletic and want to host us for the night before and after the non-stop challenge, please get in touch. If anybody wants to drive us for a leg or two of the journey, again, get in touch. If any of the Round Table Family support any of the teams, please meet us at the grounds and bring media for an awareness and membership drive, if you want to donate to RTCW, bring presentation cheques. Please come out and support, because it would be just good to be greeted at the stadiums, the cheerleading on the way will lift our spirits.



It goes without saying that the James Bond President's Ball is fast selling out, with over 80% of tickets already sold. Everyone knows that the highly talented Vicki Carter-Bland knows how to put on a party, so make it your priority to get that place before it is too late.



And don't forget the President's Joke Book. It has been selling well and surprisingly, nobody has asked for their money back, which is just as well. All profits go to the Presidential Charity RTCW and when you hit certain financial milestones, I have to go on a mission that will take me way out of my comfort zone. Go to [www.jimconway.co.uk](http://www.jimconway.co.uk) for full details. Already, I have completed the first mission.

Finally, I am delighted to inform you all that we have added to 41 Club Gin and in addition our range now includes Pink Gin, Rum, Spiced Rum and Vodka all at 41% Proof as it should be. So visit the 41 Club Distillery at <https://41clubdistillery.co.uk/> This will make an ideal Christmas Present. Initial delivery issues have all been ironed out and having tasted them all, the National Councillors approve!



A message from the...

# Vice President

Steve James



## I am absolutely thrilled and honoured to be elected the Vice President for our great association.

For those who do not know me I am, a passionate "Welshman" who as a former qualified coach and referee enjoys watching Wales play rugby although after having a disastrous 6 Nations, I hope our fortunes change for the Rugby World Cup, however if history repeats itself the last time the competition was held in France, Fiji knocked us out at the pool stage and we have drawn them again. I certainly don't want to be saying "I was there" on both occasions. I am also a very keen walker, averaging 30 miles a week and also sail when I can. I hold a senior role in the NHS Wales and belong to two 41 Clubs - Cambria and Llantwit Major as well as being the honorary Vice President for my "mother" Table Pontypridd and Rhondda and a member of Roundtable Lodge.

I am married to Karen who is a member of Barry and Vale Tangent and we have two children Alexander (24) and Emily (22).

The main role of the Vice President is to lead the forward planning for the Association and to this end my team consisting of National Councillors Peter Walker, Roger Spensley and Stuart Bizley have been busy developing a strategy and action plan which we wish to present at next year's AGM in Jersey. The plan will have four main pillars namely Membership, Communications, Programme (Fellowship) and Engagement. These pillars fit nicely with the objectives set out in my election address regarding recruitment and retention and the strategy will set out how we will:

- lay the foundations to increase our membership base,
- make 41 Club attractive for retiring Tablers,
- attempt to retain our current members,
- develop a smooth transition for retiring Tablers,
- assist Round Table to grow.

Engagement is a key enabler if we are to be successful. Throughout my year I wish to engage with as many people as possible and I will want to hear your views, current Table members views as well as members of other associations to learn from their successes and pitfalls. If you wish to share your views or have any ideas as to how we should take the Association forward please do not hesitate to contact me at [vicepresident@41club.org](mailto:vicepresident@41club.org). If you would like me to attend an event when I become President, please contact me at the same email address.

I look forward to meeting and engaging with as many of you as possible.

Steve





# President Jim calls in on a 41 Club legend!

Martin Green - National President 2014-2015

**In March, as Secretary of Isis Area 41 Club, I received the resignation of Frank Venables as a member of the Club. This was due to travelling difficulties and his health.**

Frank's history in the Round Table Movement is outstanding and myself and former Past National President - Mike Fitchett, felt that we should ensure we kept Frank involved somehow, and that we should recognise his achievements in some way. Life Honorary Membership of our club was proposed at our AGM which received wholehearted support from the club.

So how to present the jewel? Who should do it? Should it be the Chairman? Should it be the National Councillor? All I knew was it needed to be 'special'. So what the hell, I rang the National President and asked if he was passing by. Could he divert this way and do this sometime? Before I knew it - it was happening in three days time!

Frank was told that my wife Maria and I were popping around for coffee and to see how he was, little did he know we would be accompanied by a few others including the National President. We sat in their garden, and Jim presented the jewel along with a banner, his pin badge, and a signed copy of his President's Joke Book. Jim got Frank to sign his copy of Continued Friendship that Frank had written in 2015. It was an excellent moment.

## So now to Frank.....

Frank joined Round Table in Cambridgeshire and Hertfordshire and then moved to the Netherlands with his career in Technical Defence Consultancy. He joined Wassenaar Telefonte No 51 in The Hague becoming secretary to a weekend European and Mediterranean Rally in 1978. Once becoming 40, he formed Wassenaar 40+ Club and joined a group of 41 Clubs that had evolved from its partners in the European No 51 group of Round Tables.

Once leaving the Netherlands he joined Wickford 41 Club in Essex, and then having moved to Oxfordshire joined Faringdon 41 Club. Frank was a key player in the annual Faringdon Fireworks Evening that raised many thousands of pounds for charity

There was then an interlude when he worked in France where he joined Bourges 41 Club No. 152. He was Club President for two years and later External Relations Officer in the Regional Bureau for four years. Amongst others, he attended four of the French Associations AGM's and two international AGM's when in France.

On returning to England he re-joined Faringdon 41 Club and then Isis Area and Mumbles 41 Clubs.

He has retained his links abroad and during his five-year spell as National Councillor for Region 20 he was a member of the International Committee responsible for Club Twinning.

In 2015 - in the Association's 70th year Frank wrote a book called 'Friendship Continued - 41 Club at Seventy', which was published to commemorate the anniversary. As an accomplished author Frank gave his time free of charge to produce this excellent book.

It could be said that Frank epitomises everything that is good about 41 Club. In fact, Frank has gone more than that 'extra mile' to give loyal, unstinting and exemplary service to our Association both in GB&I and Internationally. This was recognised nationally when in 2016 he was awarded the Association Award. Truly an amazing career in the Round Table Family.

Isis Area 41 Club sincerely thank Jim for going out of his way to meet Frank and present the jewel on a sunny, but windy, day in his garden. We know Frank was most flattered to be visited by the National President. Thankyou too, to Frank's wife Jane, for keeping the visit secret and supplying us with lots of coffee and delicious biscuits! This was a great morning and Frank is truly a real legend.

# Smile!



The 41-er who made the Duchess of Cambridge laugh was Alan Griffiths BEM of Nuneaton Past-Tablers' Club and Bedworth 41 Club, pictured here with his wife Jill, at the garden party.

Alan Griffiths, went to the Palace to collect his British Empire Medal, which was awarded for his work in the community in Coventry where he lives. He converted a building he owned to a multi-racial/multi religion community centre.

Alan says, the Queen was not fit enough to meet us, and Charles is abroad, so Kate met us.

There was a few thousand attending, And what caused the Duchess to laugh so much?

I asked her if she helped with the sandwiches, says Alan!

And the funny thing is Alan and Jill weren't alone - Glen Lyon (Immediate Past National Membership Officer, of Evesham 41 Club) and his wife Alison were there too! Glen was nominated to attend by the Lord Lieutenant of his County, in recognition of his charitable endeavours in his community.





# An Introduction to the Badges of Office of The Association of Ex-Round Tablers Clubs (41 Club)

Extract from "Continued Friendship: Sixty Years of Forty One: The Story of the Association of Ex-Tablers' Clubs"

**The original age limit for membership of Round Table was 40 and upon reaching this age some retiring Tablers were often asked to stay on honorary members. In 1936 honorary members of Liverpool No.8 formed the first 41 Club.**

In Wakefield on 13 May, 1945 four such clubs - Wakefield, Liverpool, St. Annes and the London Old Tablers' Society ("LOTS") formed, 'The Association of Ex-Tablers' Clubs' (41 Club). John Shuter, the representative from LOTS was elected as the first President. .

The background of the design of the 41 Club badge is given in "Continued Friendship: Sixty Years of Forty One: The Story of the Association of Ex-Tablers' Clubs" by Alan Wilkinson, 2005. On page 25 it notes, "The current badge was authorised at the 1955 AGM.....The original badge , which started to appear on the cover of the magazine from its fourth issue in July 1950, consisted of the figures "41" in gold on a white background, set below a rising or setting sun (take your pick), also in gold, on a blue background. The ambiguity in the sun's position was indicated by a combination of straight and wavy rays which were supposed to indicate the ending of one life, in Round Table and the commencement of another in 41."

"This first badge, however, didn't seem



to please everyone ..... At the 1954 Conference when another series of designs were put on display and their merits debated. It boiled down, in the end, to two designs and a straight competitive vote .... By the following years a decision had been reached. The rising/setting sun was out of the picture, being replaced by a full sun at its meridian, with the points of the compass radiating from it and linking

with an unbroken circular chain. This rather cleverly represented ex-Tablers extending the Chain of Friendship to the four corners of the World. It was designed by one Anita Brackley, daughter of Southend-on-Sea Member Fred Brackley."



Illustrated above is the original President's badge of office which is now worn as a badge of office at informal occasions - the reverse is blank. To the right is the second National President badge of office, 1957-82. Below is the third and current National President's badge of office. In 1957 a new President's badge of office was commissioned. In the spring of 1982 President Arthur Kennedy's house was burgled and this badge of office was stolen. Hopeful of its recovery he would wear the old President's badge of office. When it became apparent that the stolen one would not be recovered a new one was commissioned and presented in 1982.



Each association Club has its own badge of office and generally the design follows that illustrated by the LOTS badge of office - the reverse is blank & the silver marks are unclear. To the right is the Chairman's badge of office of Norwich 41 Club which was formed in 1968 - the reverse is blank and the silver marks are unclear but the badge appears to have been made by Toye & Spence in Birmingham in 1973.



Illustrated above are three Chairman's badges of office of closed clubs and which have been returned to Marchesi House - Edinburgh, 1962, New Milton & District, 1963 and Farnborough, 1969.



# The importance of 'R & R'

Peter McBride - National Membership & Round Table Liaison Officer

## I was honoured to be elected as your National Membership & Round Table Liaison Officer at the AGM in Cardiff.

This article is to give you a brief update of what's been happening in the initial weeks since taking on the role. Firstly I was really pleased to visit, affiliate and present a Charter to 17 members of Sheffield 41 Club in May - it was a great start to the new 41 Club year!

Our Membership focus going forward is all about 'R & R' - no, not 'Rest and Relaxation' but 'Recruitment and Retention'.

**Recruitment** is all about encouraging like-minded men to join 41 Club as well as helping Round Table to increase their own membership. I have spoken with RTBI Board members Andy Thorne, their Membership Officer and Charlie Eurell, Chairman of their Regional Reps - to see how best to improve interaction, visibility and awareness between our Associations.

In May, my 41 Club some of the committee set up a 'Membership Stall' front and centre at the RTBI National Conference in Birmingham and engaged with some incredibly motivated groups of energised and committed Tablers - all of whom will make great 41ers one day! To be fair, we were so loud that they couldn't avoid us as they emerged from their Conference - only to be blasted with playing Gary Glitter's "Do you wanna be in my gang?" at maximum

volume. (Maybe we might choose a different song next time!)

That weekend, sadly I also inadvertently 'engaged' with Birmingham's Clean Air Zone that started last year and was hit with two Penalty Charge Notices totalling £120 for failing to register my car!

This month I have also held the first Zoom meeting with the National Membership Officers of the four Round Table Family of Clubs - Andy of RTBI, Gillian Ashworth of Ladies Circle and Josie Blackburn of Tangent. We shared our respective plans and agreed to work closely together in mutual support going forward - more on this as plans develop.

Finally, I see that a number of Clubs have adopted the 'Invitational Membership' rule and formally invited their existing 'honorary' members to their Club. As was said in Cardiff, it is purely down individual clubs whether or not to consider having Invited Members - for the vast majority of Clubs there will be no difference to their membership.

**Retention** is all about how best to retain and engage with our members, make our meetings the best they can be and sharing meeting ideas with each other.

There will be a lot more coming out about how we plan to encourage this in future communications - including sharing resources and information about speakers, meeting ideas with all Clubs.

The next three years may be the most important in the history of our Associations and there is much to do - I have an awesome new Membership Committee of Councillors from all corners of the Country in the shape Wynn Parry, Rory Thompsett, Stuart George, Dickie Holland and Neal Lowe to support me - and we have already started the necessary planning activities for recruiting new members and retaining existing members.

More news on these will be shared in the coming weeks, meanwhile I am keen to hear your views and ideas on Membership. What is your Club doing to attract new members? What support do you need? I am keen to visit your Club to discuss membership - please get in touch!

You can contact me on [membership@41club.org](mailto:membership@41club.org) or on the 41 Club Members Forum on Facebook.



# Do you know which 41 Club Region you are in?

In 41 Club, clubs are generally divided into 25 geographic regions in Great Britain and Ireland, each of which is represented on National Council by a National Councillor for that Region (also called a Regional Councillor).

RTBI Regions	RTBI Constituent Areas
1 Aberdeenshire & Highlands	13 Highlands & Islands 44 Grampian
2 Mid-Scotland	38 Argyll 49 Strathclyde & Fife
3 Central & Borders	39 South East Scotland 47 South West Scotland 51 Central Scotland
4 Northumbria & Cumbria	10 North Yorkshire & South Durham 20 Northumbria 21 Cumbria
5 Lancs & Manx	8 Lancs & Manx 34 Ribble & Lune 46 Greater Manchester
6 Yorkshire & Humber	9 West Riding 15 The Ridings 32 Yorkshire Dales
7 North Wales	36 Wirral & North East Wales 53 Snowdonia
8 Derby & Notts	14 Derby & Notts 22 Cheshire & NW Midlands
9 Lincolnshire	7 South East Pennines 30 Lincolnshire
10 Midlands	5 West Midlands 35 Heart of England 45 Midland Shires

Now whilst you probably still remember which Area you were in in your Table days, I suspect many of you are unsure which 41 Club Region you are in? So to assist you, Peter McBride, your National Membership Officer, has drawn up the following Tables which show Regions and Areas in 41 Club and RTBI.

RTBI used to be governed through its 52 Areas HOWEVER as membership numbers have fallen, it made sense to reduce the 52 Areas into 20 Regions. These are shown in Tables 1 and 2 on the page. The Areas still exist but whereas previously each Area would have had a National councillor, nowadays its Regional Councillors RTBI has.

# Do you know which 41 Club Region you are in? continued...

Whilst 41 Club is much larger than Table nowadays, we are governed by a National Council which comprises the National Board and 25 National Councillors, one for each Region. Tables 3 and 4 show the 41 Club Regions and how they correspond with which of the old RTBI Areas. So did you know which Region you are in, or did you have to look it up?

You can find the details of your Regional Councillor on the website, [www.41Club.org](http://www.41Club.org). However did you know that some Regions (Regions 19 and 24) still don't have a Regional Councillor - if you are in either of these Regions (or even nearby) and would like to find out what you can do to fill either of these roles please contact Bernard Elwen ( [secretary@41Club.org](mailto:secretary@41Club.org) ) who will be happy to inform you.

41 Club Region and Name	
1	Scotland North
2	Scotland South
3	Ireland
4	North East England
5	North West England
6	Yorkshire
7	Greater Manchester
8	Lancs, Manx
9	Lincolnshire
10	East Midlands
11	Cheshire & North West England
12	North Wales & The Wirral
13	South Wales
14	West Midlands
15	Heart of England
16	Mid Anglia
17	East of England & Anglia
18	Essex & North East London
19	London Chilterns
20	Thames Valley
21	Mid West Severn & Avon
22	West of England
23	Wessex & Channel Islands
24	SW London, Surrey & Sussex
25	South East England
26	International Clubs and Non-geographic clubs

RTBI Regions	RTBI Constituent Areas
11 East Anglia	6 Norfolk (Founder's Area) 24 Mid Anglia 41 South Anglia
12 South Wales	4 Cambria 43 Dyfed
13 West Country	12 North Wessex 23 Severn Vale
14 Herts, Beds & Bucks	50 Isis 54 London Chilterns
15 East & Essex	17 London North East 33 Essex
16 South West	19 Devon 31 Cornwall 7 Isles of Scilly
17 South Coast & Somerset	1 Wessex, Wight & Jersey 37 Somerset 48 Dorset & Guernsey
18 Kent & Sussex	2 Sussex 16 Kent 26 Thames South East
19 Berks & Surrey	3 Surrey & North Hampshire 18 London Surrey 25 Thames Valley
20 Ireland	11 Northern Ireland 29 Southern Ireland 52 Ireland Fifty Two

National Councillor	Previously advised RTBI Area*
Colin McKenzie	13, 47
Bill Freeman	39, 44, 49, 51
Aidan Coyne	11, 29, 52
Peter Milburn	10, 20
Roger Spensley	21, 34
Wynn Parry	9, 15, 32
Ralph Small ( <b>Caretaker</b> )	46
John Kilshaw	8
Peter Walker	30
John Manley	7, 14
Steve Tasker	22
Rory Tompsett	36, 53
John Bell	4, 43
Richard Holland	5
Neal Lowe	35, 45
Paul Simmons	6
Stuart Bizley	41, 24
Jason Thomson	17, 33
<b>Vacant</b>	54
David Chard	25, 50
Kevin Chard	12, 23
Stuart George	19, 31
Richard Dyson	1, 37, 48
<b>Vacant</b>	2, 3, 18
Martin Manuel	16, 26
N/A	





# Jersey 2023 Conference Chairman's Report



Paul W. Harding - Jersey 2023 Conference Chairman

## I hope you are keeping well, also very importantly you are happy and enjoying life.

Getting together with friends and family to enjoy their company enhances our wellbeing and belonging, the inability to do this during pandemic lockdown was a major frustration which I hope is now fading into our distant memories. What better than looking forward to than getting together with your 41 Club & Tangent friends in Jersey next year!

My thanks to everyone who has booked to attend 2023 Conference next year, even 10-months before 2023 Conference bookings are substantially exceeding expectations. Bookings have already exceeded 2/3rds of our planned numbers, with more being sold every week. By late Summer / early Autumn we expect bookings will reach our venues maximum capacities. I am pleased to report the following news and updates:

Single Night Bookings: In response to requests from some delegates we have made single event Friday & Saturday evening functions available for £100 / person, these can now be booked on the 2023 Conference website here: [www.jersey23.41clubevents.co.uk/](http://www.jersey23.41clubevents.co.uk/).

Before going to Checkout: If you want to pay a £50 deposit for 3-Day and 2-Day packages please ensure you select this option before going from home page to either view Your Basket or going direct to Checkout. Balance will be deducted from

your debit / credit card on 1st December 2022.

Adding Items to your Conference Booking: To book additional items please go to 2023 Conference website, select which additional items you want to purchase, go to Checkout and enter your Name, Email address and in the Phone field enter your original booking reference number. This will ensure we link your additional items to your original order. In subsequent fields copy & paste "As before", but please ensure you complete the "Dietary", "Mobility" and "Seating" fields with any requirements you have specific to the additional items you are booking. After completing purchase of your additional booking you will receive an email confirming your booking for the additional tickets.

If you experience any issues with booking for 2023 Conference please contact Lance Kiddie, Registration Officer, by calling

Travel to Jersey: Airlines are releasing their flight schedules much earlier than previous years. Easyjet released their Spring 2023 schedules middle of May flying to Jersey from Gatwick, Luton, Manchester, Liverpool, Glasgow and Belfast. Blue Islands have not yet released their flight schedule for next year, to be notified subscribe to their Newsletter here: [www.ebtk.co.uk/sub/14985/217](http://www.ebtk.co.uk/sub/14985/217). Condor Ferries expect to publish their Spring 2023 sailing

schedule around middle of July this year.

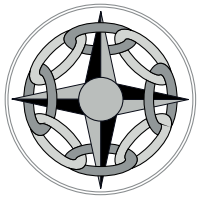
Merton Hotel Bedrooms: Merton have enough bedrooms to accommodate everyone attending 2023 Conference. We are aware their Central Reservations Team (Merton Hotel is part of the Seymour Hotels Group) did suggest to a few persons no bedrooms were left available, this was their internal misunderstanding which has now been rectified. So please call them on +44(0)845 800 5555, advising you are attending 41 Club & Tangent National Conference to book your bedroom. Wednesday night before 2023 Conference and additional nights after 2023 Conference can also be booked for special rate of £100 / double bedroom including breakfast.

If you have not yet booked for 2023 Conference as the saying goes, don't delay the early bird gets the best choice worms! To ensure what you want is still available please book now, rather than later when we might well have sold out. I look forward to welcoming you to Jersey in 2023 when we will provide you with another great fun National Conference to remember.

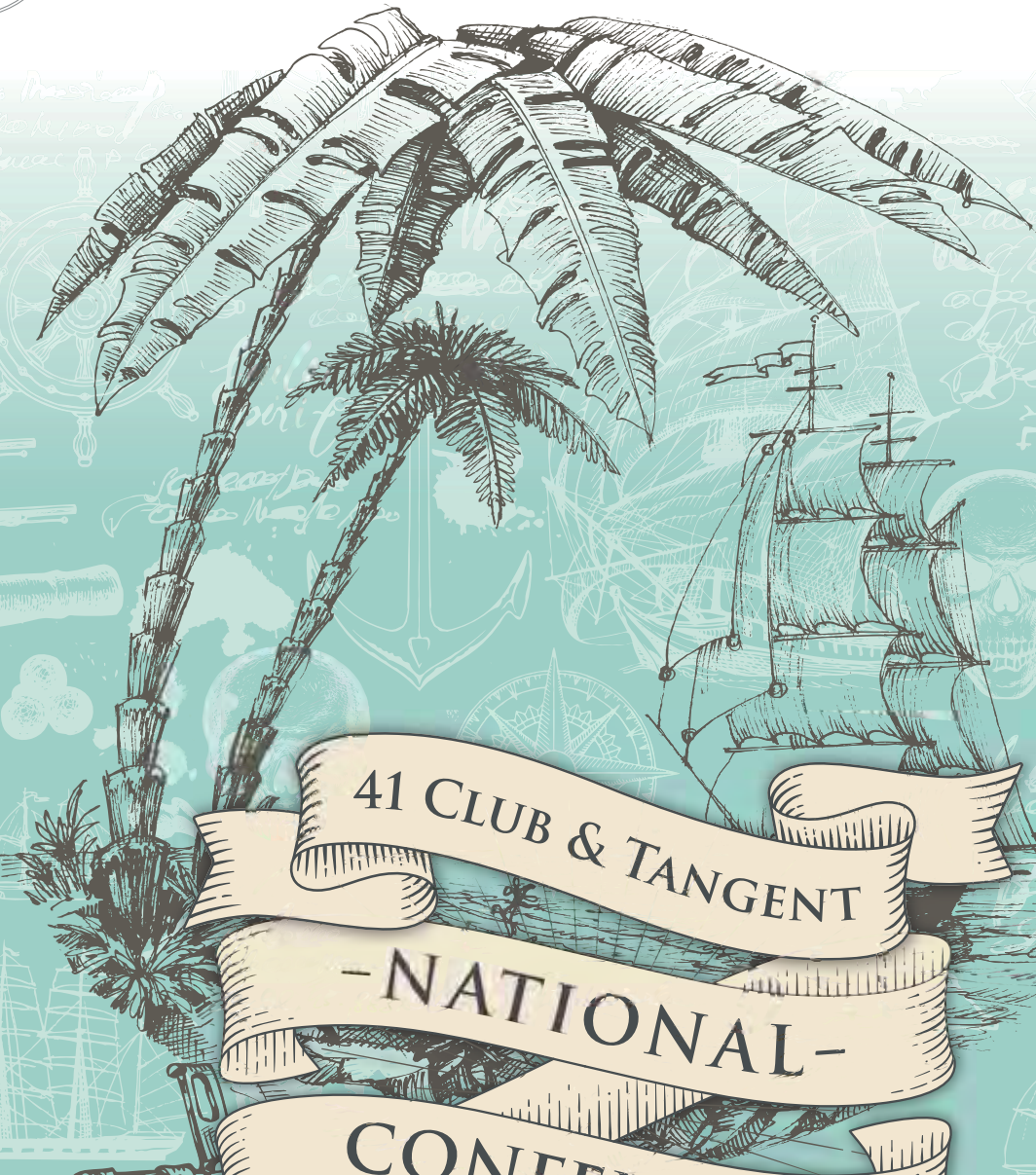
Yours in Continued Friendship, Paul W. Harding

Jersey 2023 Conference Chairman

Mobile: 07797 740420 Email: [chairman-jersey2023@41clubevents.co.uk](mailto:chairman-jersey2023@41clubevents.co.uk)



**41 Club**  
CONTINUED FRIENDSHIP



41 CLUB & TANGENT  
-NATIONAL-  
CONFERENCE



Jersey  
2023 

30TH MARCH - 2ND APRIL

2023

# 41 CLUB & TANGENT NATIONAL CONFERENCE



## JERSEY CONFERENCE CHAIRMAN'S WELCOME



I hope this finds you well and safe. I look forward to personally welcoming you to 'Jersey 2023', the only "Offshore" 41 Club & Tangent National Conference - over the water but served by scheduled flights from numerous local airports across whole of UK so very easy to reach – no long drives, no traffic jams! We have got some special treats

for you to enjoy during 2023 Conference, not least a new Conference venue at the Merton Hotel exclusive to 2023 Conference offering excellent facilities including stupendous recreational gym, heated indoor & outdoor pools, flume ride and even a flowrider if you are agile enough.

Whether you attend Conference for the stupendous Parties, for 41 Club AGM, for Tangent AGM, or just to meet up with old friends you will find we have a great programme planned by a Committee with decades of experience. You will also have opportunity to discover the range of delights Jersey offers – quality cuisine, walking, sightseeing, fascinating history, historical monuments, country lanes and much more. If you have never attended National Conference before – Jersey 2023 is the one you must try.

I hope to meet many new faces during 2023 National Conference, as well as enjoying company of all the regular 41 Club & Tangent National Conference goers again, whose company I have enjoyed in previous decades. National Conference comes to Jersey every 10 years (albeit due to the pandemic delayed by a year), so don't miss this opportunity to discover our 'Treasure Island' – our theme for 2023 Conference coming with a very warm welcome to all National Conference delegates. My Committee's objective is to make your 2023 Conference a very enjoyable and memorable experience. We look forward to seeing you and your partner at 'Jersey 2023'.

**Paul W. Harding**  
Jersey 2023 Conference Chairman

## NATIONAL FELLOWSHIP OFFICER'S WELCOME



"Treasure Island" awaits all 41 Club and Tangent members in 2023 as we head over the sea to the island of Jersey. Having spent the last 3 year's working with Captain Paul and his crew I can assure everyone that they will not be disappointed and it will be a conference to "treasure".

We have taken over the Merton resort hotel which boasts a number of different bars, a private nightclub, a fitness centre and aquadome including a flow rider surf wave for those who fancy being the next Kelly Slater.

It will be a really great weekend with a holiday feel about it and I would encourage as many people as possible to book in.

**Kelly Clarke**  
National Fellowship Officer

## NATIONAL PRESIDENT'S WELCOME



I am really excited that Conference 2023 will be in Jersey, as I have never visited the Island. It will be another item ticked off the bucket list when I chair the AGM there as the last National Presidential duty of my year.

My wife Vicky attended the last conference here in 2012 when she was National President of Ladies Circle, so it will be a trip down memory lane for her as well as a new experience for me. I would encourage you all to book in early, as I know that the Jersey team are working hard to bring you a quality event in sensational surroundings.

I look forward to welcoming you to what will be a gathering of friends, so as to create special memories for the future.

**Jim Conway**  
41 Club National President

## TANGENT NATIONAL PRESIDENT'S WELCOME



I am really looking forward to welcoming you to Jersey for the 2023 National Conference and AGM. Where I will join Jim Conway in celebrating the end of what I hope will be another successful year for both Associations.

Paul Harding and his committee are working very hard to provide a very warm welcome for us all while planning fantastic events to showcase this beautiful Island and provide you wonderful memories to treasure. I encourage you to book in early.

**Heather Parry**  
Tangent National President





# DELEGATES 2023 CONFERENCE PROGRAMME

(Excludes National Executive and Council meetings separately notified)



## THURSDAY 30TH MARCH

- 08.30 – 16.30 Jersey Airport to Merton Hotel minibus transfers. Pre-booking required.
- 12.30 – 18.00 Conference Registration Desk.
- 19.00 – 20.00 Vin D' Honneur Reception, Merton Hotel Star Room.
- 20.00 – 00.30 Welcome Party, Belvedere Restaurant, Buffet Style Dinner and Dancing, Merton Hotel.

## FRIDAY 31ST MARCH

- 07.30 - 15.30 Coach to Les Mielles Golf and Country Club from Merton Hotel, Breakfast Bacon Roll and Coffee, Golf Tournament. Return to Merton Hotel.
- 08.30 – 15.00 Jersey Airport to Merton Hotel minibus transfers. Pre-booking required.
- 09.00 – 15.00 Merton Hotel to town shuttle bus.
- 09.30 – 16.30 Conference Registration Desk.
- 10.00 – 17.00 Visit to attractions, Mont Orgueil, Jersey Zoo and Island Tour.
- 17.45 – 18.30 Coaches to Royal Jersey Showground Hall, Trinity.
- 18.45 – 19.30 Pre Dinner Drinks.
- 19.30 – 00.30 Presidents Banquet and Ball. Formal dress.
- 22.45 – 00.45 Coaches to Merton Hotel, continuous until 00.45.

## SATURDAY 1ST APRIL

- 09.00 – 15.30 41 Club National AGM, Merton Hotel. Optional Lunch, pre-booking required.
- 09.00 – 15.00 Merton Hotel to town shuttle bus.
- 10.00 – 16.00 Tangent National AGM, Merton Hotel. Optional Tangent Afternoon Tea, pre-booking required.
- 17.45 – 18.30 Coaches to Royal Jersey Showground Hall, Trinity.
- 18.30 – 19.30 Pre Dinner Drinks.
- 18.30 – 19.30 Fancy Dress Rehearsal & Pre-Judging.
- 19.30 – 00.30 Fancy Dress Party. Theme – Treasure Island.
- 22.45 – 00.45 Coaches to Merton Hotel, continuous until 00.45.

## SUNDAY 2ND APRIL

- 09.00 – 11.30 Merton Hotel breakfast and Brunch. Additional charge for delegates not staying overnight at Merton Hotel.
- 08.00 – 18.00 Merton Hotel to Jersey Airport minibus transfers. Pre-booking required.
- 12.30 Conference Celebration Closure & Handover to Liverpool 2024 Conference Committee.



## CONTACTS:

**Paul Harding, Conference Chairman**

Email: Chairman-Jersey2023@41clubevents.co.uk  
Paul's mobile: 07797 740420

**Lance Kiddie, Registration Officer**

Email: Registration-Jersey2023@41clubevents.co.uk  
Lance's mobile: 07797 720180

Book here: [www.conference.41clubevents.co.uk](http://www.conference.41clubevents.co.uk)

# 41 CLUB & TANGENT NATIONAL CONFERENCE



## YOUR CONFERENCE HOTEL

### Merton Hotel, Jersey.

[www.mertonhotel.com](http://www.mertonhotel.com)

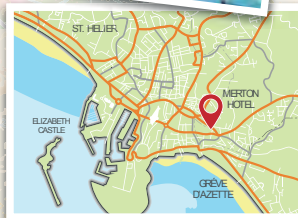
For reservations call  
+44(0)845 800 5555

When booking, please inform reservations you are attending 41 Club & Tangent National Conference.

Special rate available of £100 for a twin or double room Bed and Breakfast.

Merton's loyalty card available from reception giving 15% discount on all drinks at the hotel, min deposit £50.00.

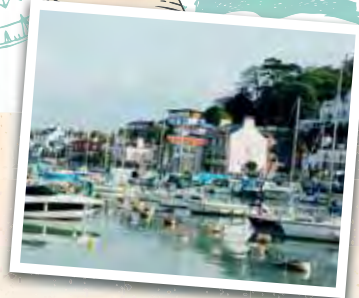
Located on the outskirts of St Helier, you will enjoy a fantastic range of facilities, including the Aquadome (across the road from the hotel) with heated indoor and outdoor pools, sauna, gym, steam room.



## Island Tour

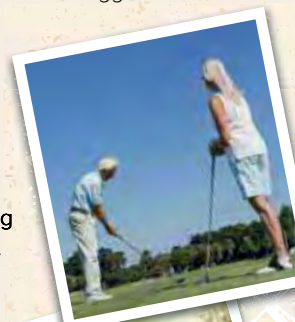
With excellent live and informative commentary from your experienced driver you can sit back and enjoy the view from the comfort of your seat and appreciate all of Jersey's stunning and diverse coastline.

Departing St Helier the full day tour visits St Aubin's Bay, St Brelade's Bay, Corbière Lighthouse, St Ouen's Bay, Grève De Lecq, the northern coastline, Gorey Harbour and returning via the varied and rugged east coast. Lunch stop, at popular Café on north Coast.



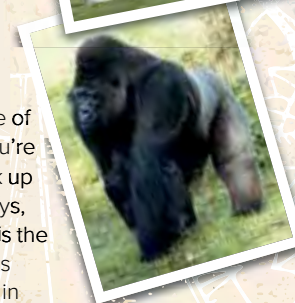
## Golf Tournament - Les Mielles Golf and Country Club

Les Mielles Golf and Country Club is an 18-hole championship course set in parkland within beautiful St Ouens Bay making it the perfect setting for our 2023 Jersey Conference Golf Tournament.



## Jersey Zoo half day visit.

Jersey Zoo began as the first ever conservation-themed zoo. Over 60 years later, Gerald Durrell's animal haven is the natural place to discover some of the world's most incredible creatures. Whether you're after fun, tranquillity, knowledge or a place to soak up the sunshine, this stunning 32-acre park with valleys, woodland and some of the world's rarest animals is the perfect chance to experience 'the jewel in Jersey's crown'. Relax and stay a while or see the best bits in under two hours.



## Mont Orgueil Castle

Mont Orgueil Castle, or Gorey Castle as it was first known, has cast its imposing shadow over the beautiful fishing port of Gorey for more than 800 years. One of the finest examples of a medieval fortress in existence, Mont Orgueil is also a symbol of Jersey's national identity and independent character. Lunch stop at popular nearby café

## Excursions ticket prices:

Golf Tournament	£65.00	Mont Orgueil Castle visit with Lunch	£45.00
Island Tour with Lunch	£40.00	Jersey Zoo, half day visit	£30.00

## Payment Options:

1. Deposit: £50.00 / person when booking Two or Three Evening Tickets, plus 3.5% booking fee. This option must be selected before proceeding to checkout. Balance due will be debited from your debit / credit card on 1st December 2022.
2. Full Payment: This is required when booking any other tickets including Friday or Saturday Single Evening Function tickets, and for bookings made between 1st December 2022 and 31st January 2023, plus 3.5% booking fee.

Please note a 3.5% booking fee will be added onto each price given here after going to checkout before paying for your booking.

Any problems please contact Lance Kiddie, Registration Officer:  
E: [Registration-Jersey2023@41clubevents.co.uk](mailto:Registration-Jersey2023@41clubevents.co.uk) | M: 07797 720180

On 31st January 2023 bookings will close and we regret bookings after this date cannot be accepted.

## MAIN EVENTS:

### Thursday

#### Welcome Party: £45.00

This ticket is only for Thursday evening Vin D' Honneur & Welcome Party buffet at the Merton Hotel, where you will experience a very warm Jersey "Treasure Island" welcome, you might find "Pot of Gold".

### Friday & Saturday

#### Two evening Function package: £195.00

This ticket includes Friday evening Joint Presidents Black-Tie Banquet at the Royal Showground and the Final Night Fancy Dress Party at Royal Showground. Both evenings including coach from and return to the Merton Hotel.

### Thursday, Friday & Saturday

#### Three Evening Function Package: £240

This ticket includes all of the above.

### Friday / Saturday Single Evening Function: £100 each

This is a single ticket for either Friday or Saturday evening function only, including coach from and return to the Merton Hotel.



Book here: [www.conference.41clubevents.co.uk](http://www.conference.41clubevents.co.uk)

# The 41 INTERNATIONAL Half Year Meeting in Odense, Denmark: HYM2022.dk



Povl Aalund - HYM Conveaner and VP – Ex-Table Denmark

**The International HYM in Denmark is a perfect combination of low cost, perfect logistics, walking distances, fun, atmosphere, and relationships in the ethos of 41 International.**



Value for money is based upon the fact that we have a generous sponsor who has "helped" with about £11,500 and furthermore the hotels have offered us about 10% lower prices than Booking.com - that's great ...



In addition, we have arranged for home parties on Thursday evening - so you will meet Danish hospitality for real!

Thursday to Sunday - costs about £260, whilst Friday to Sunday costs £225, plus hotel. Hotel rates for double rooms are from £100 to £145 per night and single rooms are from £70 to £115 per night.

Tom Albrigtsen, President of 41 INTERNATIONAL, has arranged five interesting workshops where you have the opportunity to influence the development of 41 INTERNATIONAL in the coming years ... But, if any of these workshops are not for you then there is a 6th workshop - which is a pub crawl ...



We have also arranged Ex-Tablers and Tangent members as guides on both Friday and Saturday - so there are plenty of opportunities for brotherhood ...

You can read more on our website <https://hym2022.dk/> - from where there is a link to the Registration System.

We look forward to seeing you for real in Odense.

Personally I have joined the Conference as a Round Tabler and Ex-Tabler seven times - please join HYM2022 at least one time - See You There!

# Five Go Mad In Germany



Paula Gilbert, wife of Tim  
who is organising this year's motorbike rally

**After a forced hiatus of three years as we all batted through Covid the wait finally came to an end and we were finally Germany bound.**



For many years a small band of intrepid (some would say fool - hardy) travellers from Norfolk make the trek across to Germany for the annual Old Tabler biker event.

The reasons why Kings Lynn has this link to the German event is lost a bit in Round Table myths and links back to friendships made in round table days gone by, but joining with our friends in Germany each year has become a joyous tradition the group cling to year on year.

This year's party, as always, is led by Chris Barney on his Triumph Tiger with Larry Bates on his Goldwing trike, Tim and Paula Gilbert on the BMW K1600 GTLE and 41 club's National Fellowship Officer, Kelly Clarke on his Suzuki GSX650 who joined the group a few years ago.

Each year the tour visits a different part of Germany with some of the previous meets held in Paderborn, Berlin, Hamburg, Wolfsburg, Leipzig, Wurzburg, Zweibrucken and Berlin to name just a few.

This year we joined the meet at Bielefeld which has an unusual reputation as being part of German conspiracy theory where it is claimed no-one in Germany knows anyone from Bielefeld or who have visited it so potentially does not exist. Angela Merkel has also referred to the theory in a speech ... so maybe its true!!

But what the theory does not highlight is

the beautiful rolling settings of this area in the North Rhine-Westphalia state and the glorious (and at times challenging) riding we covered over the Pentecostal weekend in early June.

The meet was themed on the story of 'Herman the German' (Germans having no sense of humour is a myth) where our adventure took us to the sites of a famous battle led by Arminius in 9AD. Although he was from a German tribe he had served in the Roman military and was assisting the romanisation of Germania.

However, he was secretly plotting to overthrow the conquest and led an alliance of Germanic tribes to victory over a Roman army in the Battle of the Teutoburg Forest. To this end the Roman Empire never ventured any further east of the Rhine.



As well as some notable historic elements, North Rhine-Westphalia is a great place to explore biking abroad before the challenges of rougher terrain in other areas of Europe and well worth a visit.

While there, we were fortunate enough to celebrate with the Bielefeld Round Table club their 25th Charter evening with a party in the beach area (maybe a Bielefeld thing but the hotel is not near the sea!!) which

was a pleasure celebrating with the wider Round Table family.

The spirit of friendship through the Round Table family is a glorious thing. None of our group speak German and they embrace us year after year to ensure we have a great time.



They even develop an English web page for us to ensure we have all the information we need. They are proud of their country and the efficiency in which they organise their tours (no-one ever gets lost and they start and finish always on time!).

This year we were not the furthest travellers as we were joined by a biker from Iceland and another couple from Switzerland who won the iron seat award for most land miles travelled.

We were also in the company of Round Table royalty with the incoming German National Old Tabler President Johannes Goossens who was insistent that this weekend he is biker first!!

We are lucky to call Johannes a good friend as we have ridden with him for several years, he visited the UK for the Norfolk Ogru tour in 2015 and his twinned table town is Watton in sunny Norfolk just a few miles away from Kings Lynn town.

So another great trip and we wait with bated breath for the details for the 2023 event to be published. Until then auf Wiedersehen our international friends.



# Round Table Children's Wish

## A Little reminder all about Round Table Children's Wish...

In the late 80's a group of Round Table members decided to make a poorly child's dream come true. After months of fundraising the first wish was granted, the wish of a trip to Disney! This spurred on more fundraising and more wishes and so Round Table Children's Wish began.

Today we maintain a strong bond with Round Table and the wider family and continue to be very proud to carry the Round Table name. The Table Family have done some amazing things to support us, and we hope this continues for many years to come.

## One of our Wishes...

### Kaiden's Wish For a Shopping Trip

Kaiden, aged 12 years old, suffered from relapsed Ewing's Sarcoma, a rare cancer that affects the bones and surrounding tissues.

Kaiden had asked for a shopping trip to buy himself some new toys and games. With COVID restrictions in place, we were not able to send Kaiden on an actual shopping trip. However, we were able to treat him to a virtual one! We sent him some vouchers to use online so that he could still have that much deserved shopping spree.

We were saddened to recently hear of Kaiden's passing. His parents have given us their blessing to share his story and show his smiling picture. You can really see just how much this wish meant.



**#WishesMatter**

Follow the QR code  
for more information >>

E-mail: [fundraising@rtcw.org](mailto:fundraising@rtcw.org) | Tel: 01202514515 | Visit: [www.rtcw.org](http://www.rtcw.org)  
Registered Charity No: 1060225



# So how can you get involved..

**Invite us!** We love attending meetings and events, shouting about our charity and making us as visible as possible in your community.



**Fundraise for us!** Whatever you do, however big or small, it all helps, and we couldn't continue the work we do without your support.

Is your group full of keen golfers?

Enter a team at our annual Golf Day!  
This year join us on Friday 5th August at  
Dudsbury Golf Club in Ferndown, Dorset!!



Maybe driving is more your thing? We love it when teams enter on behalf of RTCW for the Skinflint Rally!!



Maybe running is more for you? Or perhaps you have your own event in mind? You could take up one of our charity run spaces or host an event such as a fun day, a colour run or even a fire-walk in your local area!?

Please get in touch to discuss more, whether you would like to commit to a challenge, host an event or even if you are already planning something for RTCW. Everyone who helps fundraise for us has access to our help and full support, including a range of promotional materials, plus you get a free #TeamRTCW tshirt!!

**#WishesMatter**

Follow the QR code  
for more information >>

E-mail: [fundraising@rtcw.org](mailto:fundraising@rtcw.org) | Tel: 01202514515 | Visit: [www.rtcw.org](http://www.rtcw.org)  
Registered Charity No: 1060225



## Make a referral..

Do you know a child who deserves a wish? Did you know that you could make the referral?

You just need to visit <https://www.rtcw.org/refer-a-child/>

Or contact our wish coordinator to discuss further>>

Email: [cathy@rtcw.org](mailto:cathy@rtcw.org) or Phone: 01202514515



## Join our team and become an ambassador..

Our ambassadors play a vital role in raising our profile by working in partnership with us to spread awareness of our work as far and wide as possible. Members of Round Table, 41 Club, Ladies Circle and Tangent are often the first to take up this role and we are always looking for more members to add to our list. Contact our fundraising team for more information >>

Email: [fundraising@rtcw.org](mailto:fundraising@rtcw.org) or Phone: 01202514515



## Social Media

Please make sure you are following us on our social channels to keep up to date with our latest wishes and fundraising campaigns!!

Just search **RTChildrensWish** on Facebook, Instagram and twitter.

And please don't forget to let us know if you are doing something for RTCW so we can share your fundraising page!!

# #WishesMatter

Follow the QR code for more information >>

E-mail: [fundraising@rtcw.org](mailto:fundraising@rtcw.org) | Tel: 01202514515 | Visit: [www.rtcw.org](http://www.rtcw.org)  
Registered Charity No: 1060225



# The 41 INTERNATIONAL & Tangent Clubs International 2023 World Meeting and Agora Clubs International Forum

Steve James - Conference Convenor

## Preparations for next year's INTERNATIONAL World Meeting hosted by 41 Club Great Britain & Ireland are well underway..

The World Meeting will take place in the medieval market town of Stratford-upon-Avon the birthplace of William Shakespeare. Delegates will not only discover its amazing history and culture but will also be able to enjoy a wide range of shops or take a leisurely stroll along the river to the Royal Shakespeare Theatre.

We are looking forward to welcoming guests from near and afar to GB&I for what will be a fabulous weekend of fun and fellowship and of course on the business side of things the 41 INTERNATIONAL AGM, Tangent Clubs International AGM and Agora Clubs forum. As well as the AGM's there will be various workshops on the Friday.



The World Meeting will take place from Thursday 11 May to Sunday 14 May 2023 in the Crowne Plaza which is set amid landscaped gardens beside the River Avon and just a short walk from the town centre. The hotel offers 14 fully equipped meeting spaces for up to 400 guests, and thanks to their Sleep Advantage programme, delegates will enjoy a great night's rest, with premium bedding and quiet zones. You will also be able to work-out or book a beauty treatment in the leisure club, or wind down in the heated pool and sauna.



We have a very experienced team and I can assure every delegate that they will not be disappointed, we are currently offering 2 and 3 day packages and both packages include lunch on the Saturday irrespective as to whether you are a delegate or not and a number of drinks vouchers per delegate for each function.

**Registration** will be in the main foyer at the hotel and will be open Thursday 11 May 12 noon to 5pm and Friday 12th May 9.30 am to 5pm.





## Our Programme is as follows:

### Pre-Tour: Tuesday 9 May to Thursday 11 May

This 3-day Pre-tour departs and return to the conference hotel in Stratford upon Avon and any guest who wishes to book on to the Pre tour should ensure that they arrive at the conference hotel by Monday 8th May. The pre-tour is planned to include the following visits:



- Windsor and Windsor castle, a residence of the British Royal family. Built by William the Conqueror in the 11th century, the castle was extensively remodelled by subsequent monarchs. The public tour will take in the State Apartments, which contain opulent furnishings, and paintings from the royal art collection.
- A day exploring the beautiful Cotswolds **Area of Outstanding Natural Beauty** which with its rolling hills and thatched cottages, medieval villages, churches and stately homes built of distinctive local yellow limestone.
- Blenheim Palace which is a world heritage site with over 300 years of History. Blenheim Palace is the home to the Duke of Marlborough and the only non-royal, non-episcopal country house in England to hold the title of palace.

Evening meals on the Tuesday and Wednesday evening are provided in the price

### Conference



**Thursday 11 May:** The International welcome party and buffet will occur in the grounds of the hotel beside the River Avon (weather permitting) or indoors in the bar area. Delegates will be treated to an amusing encounter with Henry VIII who will entertain guests with the history of his many wives.

**Friday 12 May:** Guests will be able to explore Stratford at their leisure or take the "hop on hop off bus" around the town.



**"Nations Night"** will occur at the British Motor Museum which is a short bus ride away, transport is provided. The museum is home to the world's largest collection of historic British Cars; it boasts over 400 cars in its collection which span the classic, vintage and veteran eras. Delegates will be given exclusive access to wander around the museum before the evening's "motor themed" entertainment begins.

**Saturday 13 May:** 41 International AGM, Tangent International AGM plus Agora Clubs International Forum will all take place in the hotel's conference centre.

The Gala Dinner will take place in the hotel's Grand ballroom and will be the highlight of the weekend where guests will be treated to a sumptuous meal, drinks reception and will be entertained by top class band the Zoots.

**Sunday 14 May:** Departure day with final farewells



The nearest International airport is Birmingham International and we will be running shuttle buses (for a fee) to and from Birmingham airport and the conference hotel

Bookings are now open by clicking the following link: <https://international23.41clubevents.co.uk/>

I look forward to welcoming you to Stratford-upon-Avon next year and as Shakespeare once said "Small cheer and great welcome makes a merry feast" and you will certainly receive a great welcome when you arrive!

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### Fiat 500 Hatchback

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**£161.99**

Initial Pmt: £1,457.91 inc VAT  
48 month contract - 5,000 miles p/a

Per month inc VAT



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Long Range AWD 5dr Auto [2022]

**£531.23**

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I have to state up front, that I haven't written any of the jokes in this book. I don't know who has, so giving credit to the creators is something I can't do, albeit, I am grateful for their contribution.

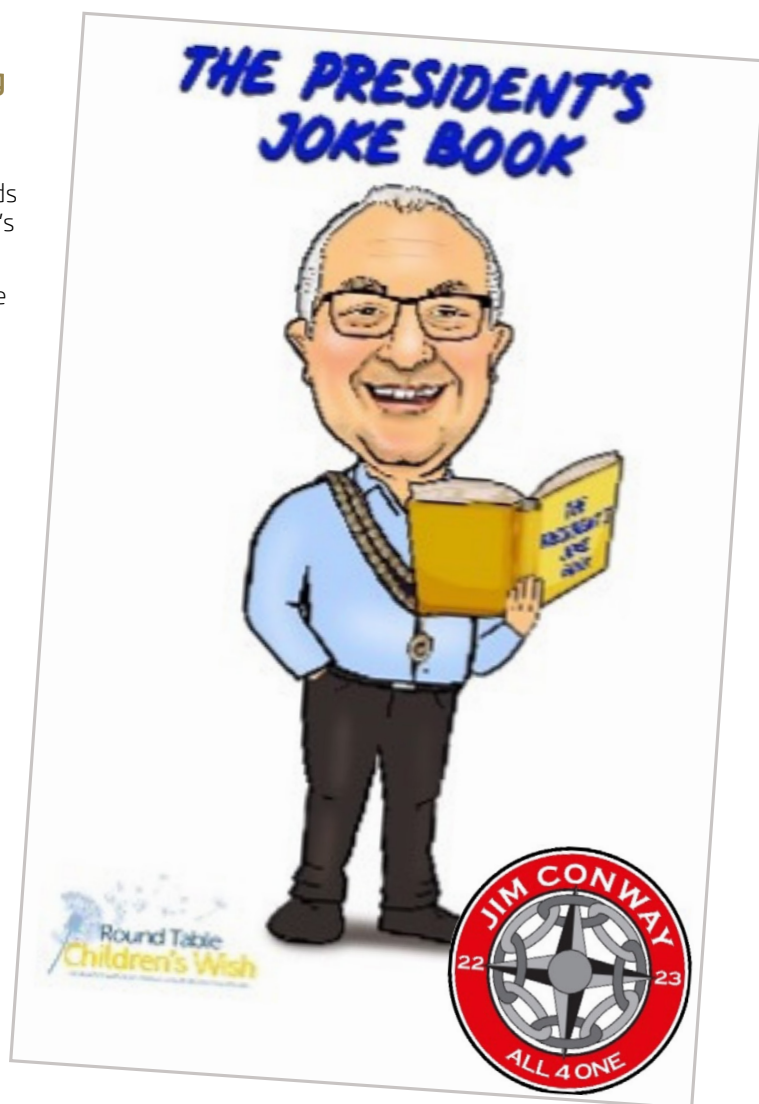
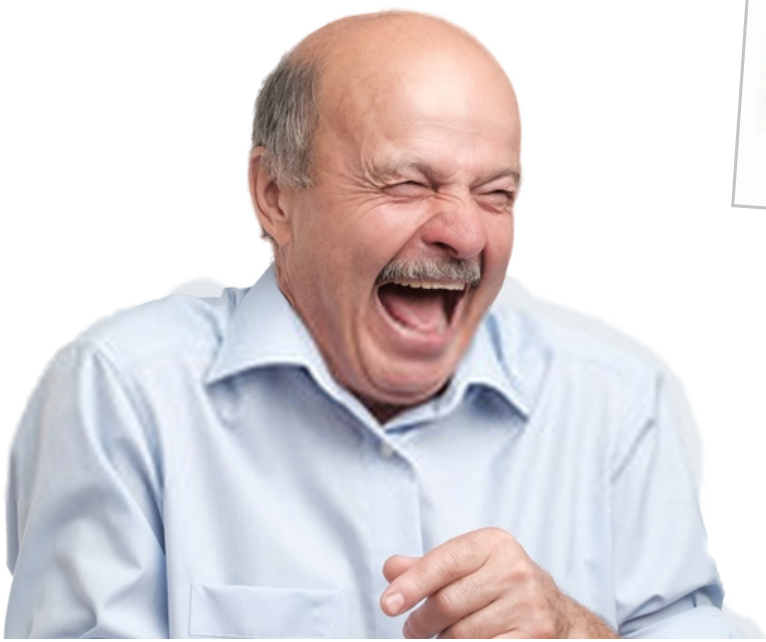
I am also not looking to make any money from the sale proceeds of the book, because all profits are going to Round Table Children's Wish (RTCW), my favourite charity.

RTCW creates hand crafted wishes to children who have life threatening illnesses. I have run marathons, climbed Kilimanjaro and raised a few thousand pounds along the way. I have even been a Trustee of the Charity.

Now I am in 41 Club, and for the 2022 to 2023 year I am your National President, so it goes without saying that I have nominated RTCW to be my Presidential charity.

So, why the joke book? I started putting jokes on Facebook because I thought that by putting up a joke every morning, it would put a smile on people's faces and put them in the right frame of mind for their day.

I met my amazing wife, Vicky because of a joke I posted. 'If there's one thing I've learned about women over the years, it's impossible for them to say, "I'm not overreacting..." without screaming their heads off! It was a lovely Summer's day, she was halfway through a bottle of Pinot Grigio and she called me out. The ensuing banter led to a date and the rest as they say, is history.



When the Covid pandemic hit, I upped the jokes to three a day with the message, "On a serious note, please don't read my joke's and think for one moment I am being glib or making light of the situation. It's my coping mechanism." So, if you laugh, groan or be offended, then brilliant, I have prompted something within you that shows that you are alive.

Enjoy the book, but please do not lend it to anyone, make them buy their own copy as the more books that are sold, the more the charity benefits.

Jim Conway

## Cardiff Conference Photos are on [www.jillsphotography.co.uk](http://www.jillsphotography.co.uk) and can be downloaded for a suitable donation

Jill Harris is currently raising funds for refugee camps just inside the Romanian border where members of the Round Table family are helping refugees from Ukraine . The photos she took of the recent 41/Tangent Cardiff Conference are on her website gallery

[www.jillsphotography.co.uk](http://www.jillsphotography.co.uk) and can be downloaded from there. She asks if you can give a small donation to contact her on [jill.harris22@outlook.com](mailto:jill.harris22@outlook.com) and she can give you her charity bank account or PayPal details.

# We need to talk about suicide

## Free online training course could save a life

Don Mullane, National Comms & IT Officer, London Old Tablers' Society

**We are once again throwing a spotlight on the issue of suicide and making you aware that there is something each of us can do about it.**



### WOULD YOU KNOW WHAT TO DO?

Would you be able to ask them if they were thinking about ending their life?

- Reconnecting that person with the everyday world
- Ask simple factual questions
- Try not to talk about yourself
- Allow for periods of silence, it maybe that person is gathering their thoughts
- Don't judge that persons thoughts, feelings or emotions
- If you feel you have said the wrong thing, don't panic trust your instincts
- Clarify you have understood what has been said, but don't interrupt
- Summon Help
- Move them away from danger.

29%

Whilst the NHS are working to improve services and implement early intervention programmes, this type of systemic change takes time. You can do this training right now. One life lost to suicide is too many - but if we all do our bit we can make a real difference.

Take the suicide prevention training at [www.zerosuicidealliance.com/](http://www.zerosuicidealliance.com/)

The Zero Suicide Alliance (ZSA) is a collaboration of National Health Service trusts, charities, businesses and individuals who are all committed to suicide prevention in the UK and beyond. They are an alliance of people and organisations coming together around one basic principle: **Suicide is preventable.**

In the UK suicide is the leading single cause of death in men under 50. That means that more men die of suicide in the UK than heart disease, cancer, heart attack or in road traffic accidents.

Over the last few years more than 6,000 people in the UK have died by suicide each year. In 2020 there were 4,912 suicides in England, 285 in Wales, 805 in Scotland, and 263 in Northern Ireland. In the Republic of Ireland there were 340 reported suicides in 2020 - a rate of 7 per 100,000 people. Suicide numbers have decreased in all nations except Northern Ireland, where the number has increased.

In the latest report for overall UK suicide statistics (for deaths registered in 2018), both men and women aged 45 to 49 years old were found to be most at risk of dying by suicide in 2018. Men had a suicide rate of 27 deaths per 100,000, and for women it was 9 deaths per 100,000.

We are encouraging our members to complete a free, online training course in suicide prevention. The training course from

the Zero Suicide Alliance takes just 20 minutes and was endorsed by the then Prime Minister Theresa May, who committed £2m of government funding to support the training.

The Zero Suicide Alliance suicide prevention training aims to enable people to identify when someone is experiencing suicidal feelings, to be able to speak out in a supportive manner, and to empower them to signpost the individual to the correct services or support.

41 Club is encouraging all its members team to join over 200,000 people who have already completed the training.

This training is quick, it's free, and it could save a life. The best thing about it is that everyone can do it - you don't need any clinical knowledge or background to understand and apply the principles. We have come a long way in terms of awareness, and through this training each of us can do more.

### USEFUL RESOURCES

#### CALM Campaign Against Living Miserably

The Campaign Against Living Miserably (CALM) is an award-winning charity dedicated to preventing male suicide, the single biggest killer of men under the age of 45 in the UK. In 2015, 75% of all UK suicides were male.

#### SANE

We work to improve the quality of life for anyone affected by mental illness.

#### National Suicide Prevention Alliance

An alliance of public, private and voluntary organisations in England who care about suicide prevention.

#### Rethink

We improve the lives of people severely affected by mental illness.

#### Children & Young People's Mental Health Coalition

Campaigns with leading charities on the mental health and wellbeing of children and young people.

#### Support After Suicide Partnership

Focuses on supporting those bereaved or affected by suicide.

#### Help is at Hand

A resource for people bereaved by suicide and other sudden, traumatic death in England and Wales.

#### SOBS Survivors of Bereavement by Suicide

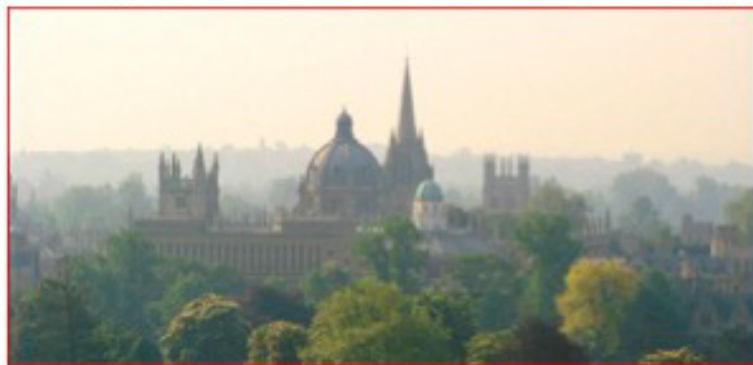
We exist to meet the needs and overcome the isolation experienced by people over 18 who have been bereaved by suicide.

#### PAPYRUS Prevention of Young Suicide

Provides information, training and support for young people to lead prevention.

# THE 2022 OXFORD COLLEGE DINNER

Join Region 20 in the Dreaming Spires of Oxford in the splendour of Exeter College.



**FRIDAY 28th OCTOBER 2022**

7:30 for 8:00pm Black Tie & Jewels

**TICKETS £69.00**

Dine in Exeter College's Dining Hall with all the tradition of a formal College Dinner in the presence of our National President - Jim Conway. The evening will include a heads & tails raffle to support the President's charity - The Round Table Children's Wish.



Tickets and information from Derek Knowlden

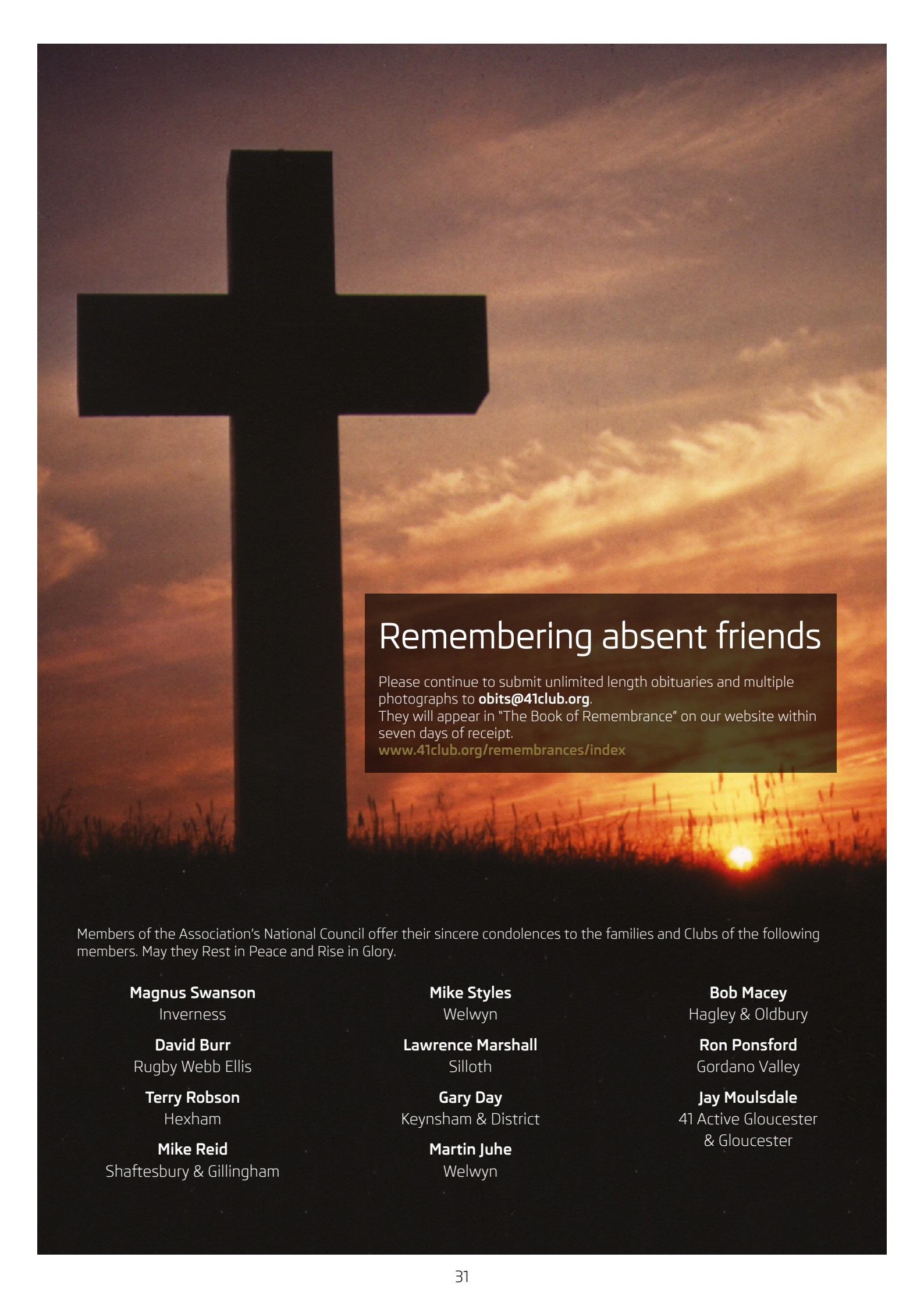
07402 116777 derekoxf@gmail.com

Book in at : [www.bit.ly/3ssrAJk](http://www.bit.ly/3ssrAJk)



Organised by the Isis Area 41 Club

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## Remembering absent friends

Please continue to submit unlimited length obituaries and multiple photographs to [obits@41club.org](mailto:obits@41club.org). They will appear in "The Book of Remembrance" on our website within seven days of receipt.

[www.41club.org/remembrances/index](http://www.41club.org/remembrances/index)

Members of the Association's National Council offer their sincere condolences to the families and Clubs of the following members. May they Rest in Peace and Rise in Glory.

**Magnus Swanson**

Inverness

**David Burr**

Rugby Webb Ellis

**Terry Robson**

Hexham

**Mike Reid**

Shaftesbury & Gillingham

**Mike Styles**

Welwyn

**Lawrence Marshall**

Silloth

**Gary Day**

Keynsham & District

**Martin Juhe**

Welwyn

**Bob Macey**

Hagley & Oldbury

**Ron Ponsford**

Gordano Valley

**Jay Mouldale**

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